myhealth
Lutheran Health Network

First and last name *(please print)*

Date of birth *(mm/dd/yy)*

Email address

( ) —

Telephone number

Signature Date

Code provided by staff.

INVITATION CODE: *Must be the same number as below.*

INVITATION CODE: *Keep this unique code until registration is complete.*

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POWERED BY FollowMyHealth

To complete the MyHealth registration:

- **Watch for an email** from *noreply@followmyhealth.com* within one to two business days. **Click** the registration link. *(If you don't receive the email, please check your SPAM or junk folder.)*
- **Choose a login method** and accept the agreement to authenticate your account.
- **Enter your invitation code** and agree to the release of information.

You will receive emails confirming your connection and welcoming you to ***Lutheran Health Network MyHealth, powered by FollowMyHealth***.

For help: 1-888-670-9775 **or** support@followmyhealth.com

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