


# APRIL MENU

Available Each Day: Assorted Sandwiches, Desserts, Fruits, & Salad Bar

\*\*\*Carbs-Protein-Fat



Date	Day	Soup	Entree	Vegetable	Specialty <small>w1</small>
April 1 <sup>st</sup>	Wednesday	Loaded Baked Potato Soup	Biscuits and Gravy 2-2-2 Cheese Omelets 0-3-1 Sausage Links 0-1-2	 Mini-baby Potato Cakes 2- ½ - 2 Steamed Cinnamon Apples 2-0-0 Yogurt Bar	Pizza of the Day: Pepperoni 2-2-2
April 2 <sup>nd</sup>	Thursday	Soup of the Day	? Grilled Chicken Salad 0 -3-0 Reuben Sandwich 2-4-3	Carrots 0-0-0 Oven Roasted Baby Potatoes 1-0-0 Seasoned Green Beans 0-0-0 Mozzarella Sticks 2 = 1-1-2	Pizza of the Day: Italian Sausage 2-2-2
April 3 <sup>rd</sup>	Friday	Creamy Chicken and Rice	Country Fried Steak 2-3-3 Egg Salad or Chicken Salad Sandwich 2-3-2	Mashed Potatoes with Creamy Gravy 1-0-0 Corn 1-0-0 Cauliflower 0-0-0	Pizza of the Day: Club 2-2-2
April 6 <sup>th</sup>	Monday	Soup of the Day	Chicken and Noodles 2-2-1 Fish Sandwich 2-3-2	California Blend 0-0-0 Potato Chippers 1 ½-0-2 Asparagus 0-0-0	Specialty of the Day: Pretzels
April 7 <sup>th</sup>	Tuesday	Lentil Soup	Taco Salad 3-3-2 Pork BBQ Sandwich 3-3-1	Winter Blend 0-0-0 Mixed Vegetables 1-0-0 Sweet Potato Fries 1 ½ -0-2	Pizza of the Day: Pepperoni 2-2-2
April 8 <sup>th</sup>	Wednesday	Chili Soup	Chicken Wings 5 = 1-3-1 Build Your Own Burger 2-3-3	Mashed Potatoes and Gravy 1-0-0 Corn 1-0-0 Stewed Tomatoes ½ -0-0 Chili Cheese Fries 2-1-2	Pizza of the Day: Club 2-2-2
April 9 <sup>th</sup>	Thursday	Soup of the Day	Meatloaf 1-3-0 Build Your Own Sub 3-3-1	Mashed Potatoes and Gravy 1-0-0 Seasoned Edamame 1- ½ -0 Broccoli 0-0-0 Onion Rings 1 ½ -0-2	Pizza of the Day: Cheese 2-2-2
April 10 <sup>th</sup>	Friday	Soup of the Day	Loaded Chippers 2-3-2 Pot Roast 0-3-0	Peas 1-0-0 Roast Garlic & Rosemary Redskin Potatoes 1-0-0 Seasoned Cabbage 0-0-0	Pizza of the Day: Italian Sausage 2-2-2

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Date	Day	Soup	Entree	Vegetable	Specialty
April 13 <sup>th</sup>	Monday	Beef Barley Soup	Italian Spaghetti 3-1-2 Patty Melt 3-3-2	Cheese filled breadsticks 1 ½-0-1 Seasoned Peas 1-0-0 Cauliflower 0-0-0 Tator Tots 1 ½ -0-2	Specialty of the day Pretzel
April 14 <sup>th</sup>	Tuesday	Soup of the Day	Burrito or Nacho Bar 5-2-3 ♥Chicken Breast with Alfredo Sauce 1-3-1	Seasoned O'Brien Corn 1-0-0 Carrots 0-0-0 Fettuccini Noodles 1-0-0	Pizza of the Day: Club 2-2-2
April 15 <sup>th</sup>	Wednesday	White Chili	♥Parmesan Crusted Tilapia 1-4-1 ♥ Catalina Club 2-4-2	Rice Pilaf 1-0-0 Green Beans 0-0-0 Corn 1-0-0	Pizza of the Day: Italian Sausage 2-2-2
April 16 <sup>th</sup>	Thursday	Soup of the Day	Grilled Ham with Pineapple 0-3-0 Sloppy Joes 3-3-1	Cheesy Hash brown Casserole ½ c. = 1-1-3 Broccoli 0-0-0 Key West Blend 0-0-0	Pizza of the Day: Pepperoni 2-2-2
April 17 <sup>th</sup>	Friday	Italian Wedding Soup	Macaroni and Cheese ½ c. = 2-2-1 Fried Chicken ½ -3-2	California Blend 0-0-0 Seasoned Spinach 0-0-0 Mashed Potatoes w/creamy style gravy 1-0-0	Pizza of the Day: Cheese 2-2-2
April 20 <sup>th</sup>	Monday	Soup of the Day	♥ Turkey Manhattan 2-3-0 Steak Sandwich with Onions and Peppers 3-3-2	Key West 0-0-0 Breaded Mushrooms 5 = 1-0-1 Edamame Succotash 1-1-0	Specialty of the day Pretzel
April 21 <sup>st</sup>	Tuesday	Tomato Soup	Tator Tot Casserole 4-3-5 Grilled Cheese Sandwich 2-3-2	Mashed Potatoes and Gravy 1-0-0 Rivera Blend 0-0-0 Brussel Sprouts 0-0-0 Onion Rings 1 ½ -0-2	Pizza of the Day: Italian Sausage 2-2-2
April 22 <sup>nd</sup>	Wednesday	Egg Drop Soup	Stir Fry over Rice 1-2-0 Grilled Deluxe Chicken Sandwich 2-3-1	Egg Rolls with Sauces 1 ½ -1-2 Carrots 0-0-0 Seasoned Spinach 0-0-0 Tator Tots 1 ½ -0-2	Pizza of the Day: Pepperoni 2-2-2
April 23 <sup>rd</sup>	Thursday	Cream of Mushroom Soup	Italian Chicken 0-3-0 Stromboli 3-1-1 with Marinara Sauce 0-0-0	Red Beans and Rice 1-0-0 Peas 1-0-0 Cauliflower 0-0-0	Pizza of the Day: Italian Sausage 2-2-2

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Date	Day	Soup	Entree	Vegetable	Specialty
April 24th	Friday	Soup of the Day	Lasagna 3-2-2 Chicken Strips 3-3-2	Cheese Filled Breadstick 1 ½ -0-1 Seasoned Green Beans 0-0-0 California Blend 0-0-0 French Fries 1 ½ -0-2	Pizza of the Day: Club 2-2-2
April 27th	Monday	Soup of the Day	Florentine Stuffed Pasta Shells with Alfredo Sauce 3-3-3 Chicago Dog 3-1-2 ½	Cheese filled breadsticks 1 ½-0-1 Cauliflower 0-0-0 Peas 1-0-0 Onion Rings 1 ½ -0-2	Specialty of the day Pretzel
April 28th	Tuesday	Chili	Baked Potato Bar 2-0-0 Chicken Cordon Bleu Sandwich 3-4-2	Broccoli 0-0-0 Rivera Blend 0-0-0	Pizza of the Day: Cheese 2-2-2
April 29th	Wednesday	Loaded Baked Potato Soup	Chicken Wings 5 = 1-3-1 Bacon Cheese Burger 2-3-3	Mashed Potatoes and Gravy 1-0-0 Corn 1-0-0 Stewed Tomatoes ½ -0-0 Chili Cheese Fries 2-1-2	Pizza of the Day: Pepperoni 2-2-2
April 30th	Thursday	Soup of the Day	♥ Asian Grilled Chicken Salad 0-3-0 Rachael Sandwich 3-4-4	Carrots 0-0-0 Oven Roasted Baby Potatoes 1-0-0 Seasoned Green Beans 0-0-0 Mozzarella Sticks 2 = 1-1-2	Pizza of the Day: Italian Sausage 2-2-2

KCH Seniors Club Cafeteria Hours:

Breakfast: 6:30 a.m.-9:00 a.m.  
Lunch: 10:30 a.m.-11:30 a.m.  
12:30 p.m.-1:00 p.m.  
Supper: 4:30 p.m.-5:15 p.m.  
(Hot food available during these hours)

KCH Employee Cafeteria Hours Monday -Friday:

Breakfast: 6:30 a.m.-9:30 a.m.  
Lunch: 10:30 a.m.-1:00 p.m.  
Supper: 4:30 p.m.-6:15 p.m.  
(Hot food available during these hours)  
Closed Saturday and Sunday

Self-Serve items available from 6:00 a.m.-6:30 p.m.