

Think of what you could lose to heart attack.

LISTEN TO YOUR HEART

RECOGNIZE HEART ATTACK WARNING SIGNS

The Society of Chest Pain Centers accredits KCH for prompt, expert care to treat community members for chest related symptoms. KCH partners with county-j WX~8@F~cđbi WXđfŽ ǎ~WXcTęj Xag~TaWT~gXT~ ~bY heart care specialists at Lutheran Hospital to offer one of the top cardiac care programs in the area.

HEART ATTACK WARNING SIGNS? CALL 911 OR GO TO THE NEAREST EMERGENCY ROOM.

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting and back or jaw pain.

-American Heart Association 2010

- Chest pain or discomfort
- Pain or discomfort in one or both arms, the back, jaw, neck or stomach
- Shortness of breath with or without chest discomfort
- Breaking out in a cold sweat
- Lightheadedness
- Nausea



ACCREDITED CHEST PAIN CENTER

2101 E. DuBois Drive | Warsaw, IN | 574.267.3200 | www.kch.com

 **KCH**
Lutheran Health Network
Emergency Care Center